Alumier

Real Patients, Real Results

ACNE VULGARIS





What the patient said...

Before I started the treatment the spots on my back were very angry and were generally out of control. I also had a lot of big boil type spots and skin bumps under my skin and jaw line on my face.

These spots have completely cleared up under my skin as I started using the same homecare products Gemma prescribed me for my back on my face. The homecare wash "Clarifying Acne cleanser" has also had a huge improvement on my back and chest as I had breakouts there too. Although I still get spots my skin is a lot clearer and feels more hydrated.

After having my 4th peel on my back the Acne has reduced by 70% and the scarring has faded. A few nasty ones are still coming through but it's all a lot less angry and it feels less sore to sit on a chair and rest.





PATIENT PROFILE

GENDER

Female

AGE

34

JOB

Nanny/PA

SKIN TYPE

Combination

SKIN CONDITION CONCERNS

Acne Vulgaris

PATIENT FOCUS

Decrease back acne

GOAL

To be acne free and less scarring

PROFESSIONAL TREATMENT PLAN



ADJUNCTIVE HOMECARE TREATMENT REGIMEN



- Acne Clarifying Cleanser
- Acne Balancing Serum
- Matticlear serum
- Clear Shield Broad Spectrum Sunscreen SPF 42



- Acne Clarifying Cleanser
- Acne Balancing Serum
- Matticlear serum

2/3 times per week (additional)

- Retinol 0.5
- Lotus scrub



- SensiCalm
- Recovery Balm
- Sheer Hydration Broad Spectrum Sunscreen SPF 40



#RealPatients #RealResults